

Human talent development for your company's success

“We are a team of professionals passionate about **human development**, convinced that people's growth is the driving force behind **productivity and profitability** in organizations.”

At **Grupo Villarreal**, we develop strategies and share knowledge, **transforming lives** and **work environments** to achieve **deep and sustainable** change.

COMPETITIVE ADVANTAGES

We offer personalized attention, allowing us to build a more human connection, fostering trust and empathy.

As experts in coaching processes, we have conducted over 1,100 sessions focused on fostering a positive mindset in individuals.

We set clear goals and address challenges with tailored strategies.

We specialize in designing comprehensive programs that combine consulting, coaching, and training, ensuring a meaningful impact on the organization.

WE ENHANCE YOUR RESULTS:

• CONSULTING

We offer specialized human resources consulting to optimize talent management in your company.

Our approach focuses on:

- Designing customized strategies.
- Enhancing the professional development of your employees.
- Increasing productivity and fostering a healthy and motivating work environment.

• COACHING

We promote the personal and professional development of individuals and teams through programs designed to achieve goals and optimize performance. We offer:

- **Executive Coaching:** Strengthening leadership skills, change management, and strategic decision-making.
- **Team Coaching:** Improving cohesion, communication, and collaboration to reach common objectives.
- **Personal Coaching:** Supporting each individual in setting and achieving goals, while enhancing resilience and stress management.

• TRAINING

Our personalized programs are aimed at developing skills and competencies, providing the necessary tools for more effective and efficient performance.

CONTACT US:

Email: consultores@grupo-villarreal.com.mx • **Phone:** 55 2615 3582 y 85 • **Whatsapp Business:** 55 4088 8332